

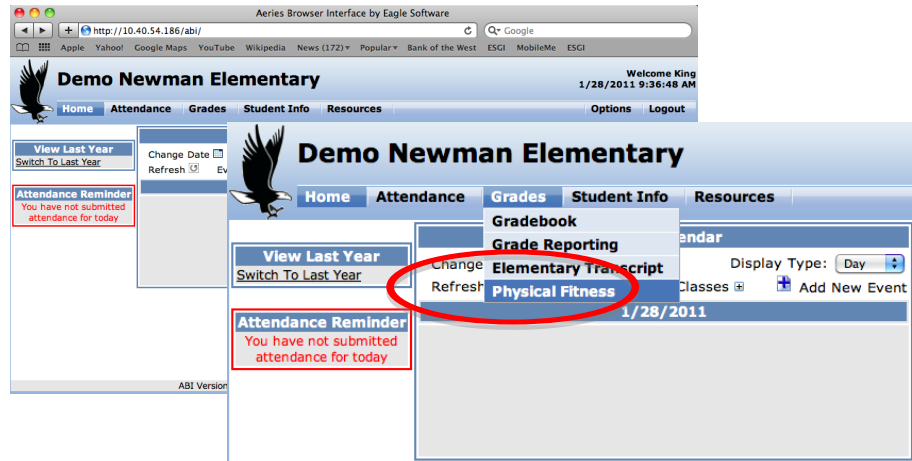
PHYSICAL FITNESS DATA ENTRY USING ABI

Use the Data Collection Forms in AERIES to record student scores in the areas of Aerobic Capacity, Body Composition, Abdominal Strength, Trunk Extensor Strength, Upper Body Strength, and Flexibility.

STEP 1 - Login to ABI

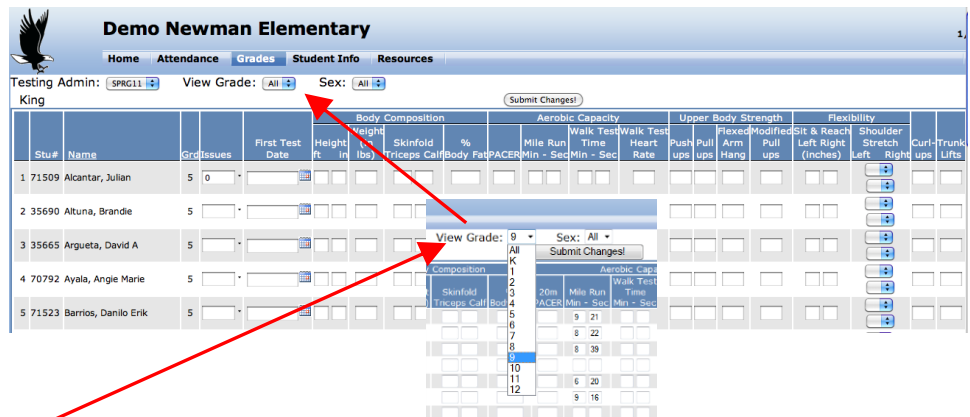


STEP 2 – From the Grades Dropdown Menu, select Physical Fitness.



STEP 3 – Enter scores from data collection forms, and click on “Submit Changes”

Note: To limit the student listing for a particular grade level, use the “View Grade” dropdown menu.



Avoiding Common PFT Errors in ABI

“Incomplete Test” or “Not Tested” empty.
Must be coded correctly if student does not test or does not finish testing.

Incomplete Test:
20-Absent on Test Date
22-[State Waiver]*
23-IEP/Special Needs
24 Extraordinary Circumstances
25 Medical Excuse

Not Tested
10-Absent on Test Date
12-[State Waiver]**
13-IEP/Special Needs
14 Extraordinary Circumstances
15 Medical Excuse

****Not to be used in CVUSD**

Demo Newman Elementary

Home Attendance **Grades** Student Info Resources

Testing Admin: SPRG11 View Grade: All Sex: All

King Submit Changes!

Stu#	Name	Grade	Issues	First Test Date	Body Composition			Aerobic Capacity			Upper Body Strength			Flexibility		Curl-ups	Trunk Lifts
					Height (ft)	Weight (lbs)	% Fat	Mile Run	Walk Test Time	Walk Test Heart Rate	Push ups	Pull ups	Flexed Arm Hang	Sit & Reach (Inches)	Shoulder Stretch Left		
1	71509 Alcantar, Julian	5	0														
2	35690 Altuna, Brandie	5															
3	35665 Argueta, David A	5															
4	70792 Ayala, Angie Marie	5															
5	71523 Barrios, Danilo Erik	5															

Invalid Test Date
Must be the date student actually starts testing-If the student has a birthday during the testing window, an incorrect “First Test Date” could affect the students’ result.

- Out of Range Scores**
- There cannot be a Score of “0” for Height, Weight , Run, Walk, Pacer, Push-Up, or Pull-Up.
 - Height: feet 3-7; inches 0-11
 - Weight: 30-400
 - Mile Run: min. 3-59; sec. 0-59
 - Pacer: Laps - 1-190
 - Curl-Up: 1-75
 - Trunk Lift: 0-12
 - Push-Up: 1-75
 - Mod.Pull-Up: 1-75
 - Flexed Arm Hang: 0-90
 - Sit & Reach: 0-12
 - Shoulder Stretch: Y or N